

friday inspiration
july 7, 2017

monthly theme for
july 2017
JUST DO IT.

thepowerpath.com

**IF YOU DON'T TAKE ACTION,
ACTION IS LIKEY TO TAKE YOU.**

If you don't just do what you have been dreaming, discussing, talking about, thinking about, procrastinating, theorizing, considering or just simply being afraid to act upon, spirit may just throw some action your way to rattle your cage, break apart your stagnation, and get the show on the road. Would it not be better for you to be in charge of this energy? And to focus it the way you want?

We have some great fuel this month to finally break the stalemates that may have been plaguing our movement forward. The challenge will be the emotional confusion that could still be there and that is most likely related to our past imprinting. The truth is that we may not get much if any intellectual clarity on this emotional confusion. Emotional clarity is what we will be basing our actions on and emotional clarity is something that comes with connecting how you feel with what you need to do about it.

The key word here is how you feel not how others feel.



1010 Kennedy Dr. Suite 401
Key West, FL. 33040
305-296-5626

TWO MAIN ENERGIES FOR THIS MONTH

1. The energy of taking action, **“JUST DO IT”**.
2. The energy of emotional clarity, and striving for **feeling “right”, and good** in your environment, relationships, with your work, your community, and yourself.

The two must learn to work together. This is truly a month where we can make some headway in healing the age-old relationship issues between the masculine action and willful direction, and the feminine intuitive clarity, creativity and receptivity.

THIS IS A **PROACTIVE** MONTH

Even the receptive emotional parts are active. If you experience yourself as having no time, it is because you have not taken action in creating the space for more time. It is a discipline to carve out time for something you want. And it is a discipline to keep out what wants to erode at your time, be it lethargy, guilt, inertia or something you said “yes” to that you should have said “no” to.

Creating time is an action so “just do it”!

july 2017 MONTHLY FORECAST

You can get a lot of things done this month from trying something new, going on a road trip, cleaning out your garage, signing up for a class of something you always wanted to study, starting a new relationship, ending one, remodeling your environment, to finally dealing with your health or an issue that you have been

procrastinating. It is a month to be energized by the opportunities and to act on your life without overthinking or over rationalizing the “why” or “how” of your actions. You don’t need to know everything for it to actually work.

This is a lesson that maybe we will finally learn as we are called to take responsibility for how we show up in an active way.

We are learning to build more balance

into our relationships with the masculine, the feminine, time, doing vs being, etc. Navigating this month well will require a certain amount of *discipline around your time, focus, receptivity, choice and trust*. There is also a big theme of **home, family and tribe, and what that actually means for each one of us**. There is an opportunity to clear old emotional wounds and baggage relating to home, nurturing and support.