

friday inspiration
MAY 12, 2017

THE THEME FOR MAY IS

INSTABILITY

It is a chaotic month requiring

We are being asked this month to become more comfortable with chaos and to learn to trust the greater order of things.

In these unstable times, we are learning to deal with Chaos. Instead of holding on to what feels comfortable, known, rational and safe, seize the opportunity and work the instability and chaos to accelerate your own radical change. Even if we feel out of control we must TRUST THAT EVERYTHING HAPPENS FOR A REASON.

THINKING OUTSIDE
THE BOX

PATIENCE &
RESETTING OUR
PRIORITIES

FLEXIBILITY

ADAPTABILITY





The instability brings with it a variety of possibilities and potential for creating opportunities that would not otherwise be there.

Instability is highly creative because nothing is set or solidified and you can mold and inform what it is that you want to manifest in ways that you can't when things are stable and well defined.

Of course, there is the element of chaos as structures become unstable. This can lead to too many options and much mental obsession and confusion.

Needless to say, we all will feel a bit mentally unstable this month and prone to the experience of "losing our minds". Our memories may be compromised and if we don't write a list, we may quickly forget why we went to the market and what for. Instead of going into a panic, use this instability to be more creative, to "think" outside the box, to allow for solutions to seemingly unsolvable issues to suddenly appear.

Instability can be a wonderful thing as long as you work with it instead of resisting it. If you have organized your day around meeting someone for lunch and that person cancels, you suddenly have an opening in your schedule. Any vacancy that is a result of any change in your life introduces possibility. And possibility is potential without structure and stability.

And potential without structure and stability is chaos. Chaos in itself is never negative. It is what you do with it and how you navigate it that brings about either a positive or negative result.

A positive result is ending up with a delightful experience of synchronicity and productivity that feels supportive and takes you in the right direction.

A negative experience is the feeling of spinning your wheels, not getting anything done and being yanked around by either yours or other people's obsessive thoughts and emotions. In times like these you have to be very careful not to let the chaos run you but rather to harness the chaos as energy for your own intentions.

