

THE MAIN THEME FOR MARCH IS CREATIVE ADAPTABILITY

monthly forecast

A good month to literally **re-invent** yourself by taking your *attitudes, challenges, hopes, dreams, and current experiences of life*, and **creatively making changes** to **adapt** to a new dream. First you must have the new dream. Then you *must be willing* to **give up the old one** including all of your disappointments, resentments, judgments and attachments to how things should have been. Then you must **welcome new ideas** and **energies** that come in to support you. Then you must **proactively** do your part in *taking action* to **make things happen**. The first part of the month is good for dismantling the old dream and dreaming a new one. The second part of the month will support the action piece.

* creativity

practice doing little things in a new way.

Think of yourself as a fine restaurant that is a little stuck in making the same meal over and over. You still have all the same ingredients of your talents, personality, experience, and intentions. You just need to add a little more support, wisdom, and energy to put them together in new ways so you can adapt creatively to what wants to change and move forward.

∞ adaptability

use an opportunity to try a different approach or make an actual change.

Ex. If you were planning on going to the movies and then suddenly there is a change of plans, acknowledge that you now have a block of free time to do something creative with instead of being dissatisfied.